



Kwanzaa Traditions

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Kwanzaa was created by Dr. Malauna Karenga in 1966 to bring African-Americans together as a community.

It lasts for seven nights, from December 26 to January 1.





The word Kwanzaa is from a phrase that means “first fruits of the harvest” in **Swahili**.

Kwanzaa combines **traditions** from **harvest** festivals in different African countries.

The *Kinara*, or candleholder, holds seven candles.

A child lights one candle each night of Kwanzaa.

On the first night, the child lights the middle candle.





Each night celebrates a different traditional African value.

The first night celebrates *Umoja* (oo-MO-jah), or **unity**.

Other values include self-determination, purpose, creativity, and faith.

There are seven symbols of Kwanzaa.

The *mazao*, or crops, include fruits, nuts, and vegetables.

The *mazao* are placed on the *mkeka*, or placemat.





The end of Kwanzaa is celebrated with a feast called *Karamu*.

Families gather together and exchange gifts, or *zawadi*.

Gifts are usually handmade or educational, like books.

Glossary

Harvest -the season when crops are picked

Swahili - the most common spoken language across the countries of Africa

Traditions - a belief or custom handed down from one generation to another

Unity- coming together into one; together

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Purple level
Multisyllabic Words
Three syllable words

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